

# Patientinstruktion Dygnssamling (24 timmar) av urin Engelska

## Instructions for patients

### Overnight collection of urine (24 hours)

Name .....

Personal identity number .....

#### WHAT YOU NEED:



- A urine container, labelled with your name and personal identity number, that you care provider has given to you.
- A clean vessel, e.g. a glass or a plastic cup.

If, by mistake, you urinate without collecting your urine you have to start your 24-hour collection all over again. Do **not** urinate straight into the container.

**IMPORTANT! When collecting for URAT, the container has to be stored at room temperature.**

#### DO THE FOLLOWING

	<p>Urinate into the toilet before you begin collecting and note down the time. This urine is <b>not</b> to be saved.</p> <p>TIME..... DATE.....</p>
	<p>The next time you need to urinate (and the following times over the next 24 hours): urinate into an unused vessel, e.g. clean plastic cup. Then pour the urine into the plastic container, which has to be kept in a cool place during collection.</p>
	<p>Urinate and collect it one last time the following day, at around the same time you began collecting (24 hours earlier).</p> <p>TIME..... DATE.....</p>
	<p>That's it. Store the container in a cool place at home until you hand it in. It's a good idea to hand it in the same day.</p>
	<p>Hand in the container labelled with your name and personal identity number, along with these instructions and any referral to your health care centre or the designated laboratory.</p>

*Arrived at the Dept. of Clinical Chemistry (to be filled in by lab personnel)*

*Ankomst till Klinisk Kemi (fylls i av lab.personal)*

*Datum:*

*Signatur:*

*Volym urin:.....L*